



2019 NOVEMBER

Riverside Jr./Sr. High School Lunch Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

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| <p>LUNCH PRICES</p> <p>FREE..... REDUCED.....\$.40 FULL PAID....\$2.70</p> |  | | | <p>1 Swt. & Sour Popcorn Chicken White Pizza Brd.Chick. Caesar Salad w/WG Crackers Brown Rice Steamed Broccoli Fresh Baby Carrots Peach Cup or Fresh Fruit</p> |
| <p>4 Cheese Brd.Sticks w/Mar.Sc. Meat Lovers Pizza Chick.Caesar Salad w/WG Crackers Baked Fries Seasoned Peas Fresh Baby Carrots Fresh Fruit or Juice</p> | <p>5 French Tst.Sticks w/Sausage Buffalo Chicken Pizza All Amer.Chef Salad w/WG Crackers Green Beans Celery Sticks Diced Pears or Juice</p> | <p>6 Chili Cheeseburger Buffalo Chicken Pizza All Amer.Cobb Salad w/WG Crackers Baked Fries Mixed Vegetables Garden Salad Peach Slices or Fresh Fruit</p> | <p>7 Nacho Platter Buffalo Chicken Pizza Brd.Chick.Caesar Salad w/WG Crackers Vegetarian Baked Beans Steamed Rice Fresh Celery Sticks Fresh Fruit or Juice</p> | <p>8 Hot Wing Hoagie White Pizza Brd.Chicken Caesar Salad w/WG Crackers Baked Fries Seasoned Peas Fresh Baby Carrots Applesauce or Fresh Fruit</p> |
| <p>11</p> <p>VETERAN'S DAY</p> | <p>12 Chick. Mash. Potato Bowl Buffalo Chicken Pizza Brd.Buffalo Chicken Salad w/WG Crackers Mashed Potatoes Golden Corn Fresh Cucumber Slices Blueb w/Whip.Top. or Juice</p> | <p>13 Chicken Parmesan Sand. Buffalo Chicken Pizza All American Cobb Salad w/WG Crackers Campfire Beans Orange Glazed Carrots Garden Salad Mixed Fruit Cup or Fresh Fruit</p> | <p>14 Roasted Chicken Meat Lovers Pizza Brd.Buffalo Chicken Salad w/WG Crackers Parsley Noodles Green Beans Fresh Baby Carrots Diced Peaches or Juice</p> | <p>15 Hot Ham & Ch. On Pretzel White Pizza Brd.Chicken Caesar Salad w/WG Crackers Mixed Vegetables Garden Salad Diced Pears or Fresh Fruit</p> |
| <p>18 PARENT VISITATION</p> <p>Breakfast Available Grab-N-Go Lunches will be available. Chicken Patty Sandwich</p> | <p>19 HOLIDAY MEAL Roast Turkey w/Dressing Mashed Potatoes w/Gravy Green Beans/Cranberry Sce. Pumkin Pie w/Whip Topping White Pizza/Bufalo Pizza Brd.Ch.Caesar Sal.w/WG CrkrS Fresh Fruit or Juice</p> | <p>20 Grilled Cheese w/Bacon Buffalo Chicken Pizza All Amer.Cobb Salad w/WG Crackers Baked Tater Tots Tomato Soup Fresh Celery Sticks Fruit or Juice</p> | <p>21 Nacho Platter Buffalo Chicken Pizza Popcorn Chicken Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Fresh Baby Carrots Blueberries w/Whip.Topping or</p> | <p>22 Gen Tso's Chicken White Pizza Chick.Caesar Salad w/WG Crackers Steamed Rice Steamed Broccoli Celery Sticks Applesauce or Fresh</p> |
| <p>25 Bacon Chsbrg on Pretzel Roll Buffalo Chicken Pizza Brd.Buffalo Chick.Salad w/WG Crackers Sweet Peas Baked Fries Fresh Celery Sticks Applesauce or Juice</p> | <p>26 Hot Wing Chicken Tenders White Pizza Chick.Caesar Salad w/WG Crackers Steamed Rice Mixed Vegetables Cucumber & Tomato Salad Fruit or Juice</p> | <p>27</p> <p>EARLY DISMISSAL Breakfast Available Grab-N-Go Lunches will be available.</p> | <p>28</p>  | <p>29</p> <p>NO SCHOOL</p> |

More Info...
Offered Daily:
Chicken Patty Sand.
Cheeseburger
Chicken Nuggets w/Dinner Roll
Cheese Pizza
Pepperoni Pizza
MTO Deli Bar
Fresh Fruit
Fruit Juice
Fresh Vegetables
1% Milk
Skim Milk
Chocolate Skim Milk
All Breads, Rolls and Pizza Dough is Whole Grain
Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.

HEALTHY FOR LIFE

